

# Sport and Active Recreation Action Plan

## Plain English summary

This plan is written by the City of Onkaparinga. When you see the word 'we', it means City of Onkaparinga.

### **Kaurna recognition**

We recognise Aboriginal and Torres Strait Islander people as the Traditional Owners of Australia. They are the first people of this place – living here and looking after the land and rivers and seas. For us, this is the Kaurna people.

### **Introduction**

We know that sport and exercise is important for people to be healthy and happy.

We work with sporting clubs and community members to have places to play sport and exercise in our area such as:

- Noarlunga Aquatic Centre
- Willunga Golf Course
- recreation centres at Aldinga, Aberfoyle Hub, Noarlunga and Seaford
- courts for playing sports such as netball, basketball and tennis
- fields for playing sports such as AFL and soccer.

## Our plan

The Sport and Active Recreation Action Plan explains our three goals. They are:

1. More people join in sport and exercise.
2. Sporting clubs and other services helping people exercise have the skills to be safe and everyone can join in.
3. Buildings such as club rooms and change rooms are safe and nice for everyone to use.



We have lots of projects and activities planned to help us reach our goals. Some of these activities are:

- Help clubs and services run sport and exercise programs that people from all backgrounds, ages and abilities can join in.
- Let people know about what local sport and exercise programs they can join in by having all the information on a webpage.
- Make it easy for sports clubs and exercise providers to contact council and get information.
- Help sports clubs and exercise providers be ready for natural disasters such as bushfires and floods and pandemics.
- Make plans so that there are enough local sports facilities such as fields, courts and change rooms that meet community needs.

This Plain English plan is a summary of another plan. It only includes the most important ideas.

If you would like to talk to someone about our Sport and Active Recreation Action Plan call 8384 0666.