

Community Capacity Strategic Plan

Plain English summary

This plan is written by the City of Onkaparinga. When you see the word 'we', it means City of Onkaparinga.

Kaurna recognition

We recognise Aboriginal and Torres Strait Islander people as the Traditional Owners of Australia. They are the first people of this place – living here and looking after the land and rivers and seas. For us, this is the Kaurna people.

Introduction

This plan is about community capacity in the City of Onkaparinga.

Community capacity means people joining in, learning skills and knowing other people in the community.

Council helps build community capacity by:

- Having places for people to meet others and join in activities
- Helping people to learn new skills
- Helping local people be part of making decisions about our area and community
- Making things fair and helping everyone to have a good life.

What we do

We have lots of places that are safe spaces for people to meet and spend time like community centres, youth centres and positive ageing centres.

We also run programs and activities that help people to learn new things and meet other people in their community so that they feel confident.

We put on activities that are free or low cost so that everyone can join in.

We have lots of people in the area who volunteer. The time and skill that our volunteers give is very important to our community.

Priority populations

Some people in our community have extra challenges and some people don't feel like they can join in. These groups of people are our priority populations and we do extra things to help them. Our priority populations are:

- People on a low income
- Young people
- Older people
- Aboriginal and Torres Strait Islander people
- People who come from different cultures and backgrounds
- People with a disability.

Our Plan

When making our plan we talked to people in the community and did research to help us understand our community. On page 5 you can read more about the things we thought about when making this plan.

The Community Capacity Strategic Plan explains our goals. They are:

1. More people join in with community activities.
2. People feel safe and happy.
3. People can get the services they need.
4. Aboriginal and Torres Strait Islander people and people from other cultures feel part of the local community.
5. People like our community places and everyone feels safe to use them.
6. There are activities for everyone and people can get the information they need to join in.
7. More people feel confident to help their community and more people volunteer.
8. We work with lots of other people and services so there are services for everyone.

Our Action Plan

We have lots of projects and activities planned to help us reach our goals. Some of these activities are:

- Make sure we listen to people about the things that are important to them.
- Do more activities with food such as community gardens to help people live well and meet other people.
- Make a plan about how we work with people from different cultures.
- Make sure people like the programs we put on at our community centres.
- Make it easier for people to use our community facilities like our community centres.
- Make sure more people know about the important things our volunteers and students do for the community.
- Work with different services so that people get what they need.



Things we thought about when making this plan

Community

We want people to join in with their community because it is good for people and good for the whole community. People feel safe and happy when they have good relationships and feel like they belong to their community. Sometimes people feel lonely when they don't get to go out and spend time with other people. We can help by having safe places for people to meet like our youth and community centres.

Health

It is important for people to eat healthy food like fruit and vegetables and do exercise to stay healthy and well. Most people do not eat as many fruit and vegetables as they need to. We can help by showing people about healthy food and how to be part of our community gardens.

Income and housing

People living in some parts of our area are more likely to have challenges such as

- a low income
- not always having enough food
- not having a safe place to live or having trouble paying for where they live.

We can help by having programs that are free or low cost and help people learn new things.

Older people

The number of older people living in our area is getting bigger. We will need to make sure that we have enough services for older people. This is so they can be happy and safe in their own homes for as long as possible.

Young people

Some of the students in our area do not finish high school. In some parts of our area a lot of young people find it hard to get a job. We can help by having programs that are free or low cost and help people learn new things.

The internet

Most people in our area have internet connection at their house but some people do not. People need to go to government websites to get services and payments. People can use the internet and computers for free at our libraries.

Culture

It is important that people from different countries and backgrounds feel welcome and safe in our community. Most people in our area welcome people from other countries and backgrounds. We need to keep working with Aboriginal and Torres Strait Islander people and people from different countries, so they feel part of the community.

Disability access and inclusion

People with disability are sometimes not included and cannot join in with activities in the community. It is important that we make sure people with disability are included in the community and we make it easy for them to join in.

Listening to the community

Most people who live in the City of Onkaparinga are proud to live here. We want more people talk to us about what is important to them and what they want in the community.

This Plain English plan is a summary of another plan. It only includes the most important ideas.

If you would like to speak to someone about the Community Capacity Strategic Plan call 8384 0666.

